

# AT HOME WITH NORBERT

## PROJECT PAGE

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## LITTLE DEEDS OF KINDNESS

“YOU DON’T HAVE TO BE BIG TO MAKE A BIG DIFFERENCE IN THE WORLD.” NORBERT

In the 1800’s, Julia A. Carney wrote a poem about the power of “Little deeds of kindness, Little acts of love.” Norbert, who is only 7” tall and just 3 ½ pounds, also believes that little things can make a difference. He has been thinking of how you could do a small deed of kindness from your home that could make someone happy. This project idea is about saying thank you.

Think about this question:

Can you remember a simple act of kindness that somebody did for you? Perhaps somebody said something nice or encouraging to you. Perhaps somebody took time to teach you something new or make something with you. Perhaps somebody helped you with something at a time when you needed help. Perhaps somebody took you someplace memorable. Perhaps somebody made you something delicious to eat. Perhaps someone took time to read to you or hang out with you. Perhaps someone washed your clothes or cleaned your house.

In what way can you let that person know how their little deed of kindness was special to you as a way to thank them? Saying thank you is a very special, and much-appreciated little deed of kindness.

Perhaps you could do one of the following:

- > Create a drawing about it
- > Write a poem about it
- > Make a collage from old magazines about it using a glue stick
- > Write a story about it
- > Write a thank you note to the person and tell them why the memory is special to you
- > Write a song about it and record yourself singing the song
- > Create a dance about it and record yourself doing the dance

Share your creation, if you like, with the person you would like to thank. You could e-mail your writing, a photo of your art, or your video. Or if it is a family member in your house, you could give it to them as a thank you gift.

- As you go about your day, don't forget to say thank you for the nice things people do for you. It's important to let people know you notice their thoughtfulness and kindness, the ways they help you, and the good work they do.